Start your New Year Right! Join La Mesa Women's Bible Study! Winter Quarter Studies Start: January 11,2007

~~ Helper by Design: God's Perfect Plan for Women in Marriage by Elyse Fitzpatrick

What does the King James word "Helpmate" really mean? Elyse discovered when God says He is our helper it means He protects, aids, succors, supports, and surrounds us. She realized that a wife who is reflecting God's helping character desires to strengthen, comfort and protect her husband. She becomes to him a companion who offers what he really needs: help in his God-given calling. Take this study to help you discover your ultimate purpose as a helper to your husband, a helper who is true to God's design.

~~ Women of Faith: Contagious Joy by Patsy Clairmont

Women of Faith, renowned for their unique combination of personality and truth, offer fresh messages in their fourth series of popular topical study guides. Titles include:

- Receiving God's Goodness
- Experiencing Spiritual Intimacy
- Contagious Joy
- · Understanding Purpose

Each study guide, teeming with insights and quotes from the conference speakers provides twelve weeks of Bible study, a leader's guide for small groups, and a special take-home reminder for each week's lesson.

~~ Partly Cloudy with Scattered Worries by Kathy Collard Miller

Trusting our Heavenly Father in all kinds of weather can be challenging. If you find you're sometimes--or often--overwhelmed by worry and anxiety in the storms of life, then let this book help you find the peace you seek. It's conversational style, personal testimonies, practical illustrations, and solid biblical teaching provide the tools needed to break the hold and overcome the devastating effects of worry.

~~ Breaking Free: Making Liberty in Christ a Reality by Beth Moore

Leads you through a study of the Scriptures to discover the transforming power of Christian freedom. Based on Isaiah 61:1-4, draws parallels between the captive Israelites and today's believers. Most Christians today do not fully enjoy the abundant life God intended. God intends you to: know God and believe Him, glorify God, find sanctification in God, experience God's peace, and enjoy God's presence. Beth uses scripture to point out the benefits of our relationship with God and shows you how to remove the obstacles that hinder that relationship. As you identify strongholds in your life, you will progress on the journey toward greater freedom in Christ.

Please join us for Registration* on December 11, 2006 at 1135 Leahy Rd. from 10a.m.-1p.m. @ Melissa Garrisons

Fee for Studies: \$17.00(covers registration fee and book) or \$5.00 (if you own the book) *Registration forms will be available on Registration day or you can request a form anytime.

ANY QUESTIONS? Contact: Melissa Garrison Michelle Barry

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